

2011 COMMUNITY CALENDAR TERM 1 31 January – 8 April

Green – Weekly

Red – Varying dates

MONDAY	Activity	Frequency & Time	Details	Venue & Contact
	Aqua Aerobic	Weekly 12pm – 1pm	Water based exercise to keep you fit & healthy. Cost is \$25 per term.	Cabravale Leisure Centre, Hanh 9610 0275/ Lien 0433 899 285
	Aqua Aerobic	Weekly 7:30pm – 8:30pm	Water based exercise to keep you fit & healthy. Cost is \$25 per term.	Fairfield Leisure Centre, Hanh 9610 0275/ Hien 0433 281 683
	Card making	Weekly 9.30am – 11:30am	Create handmade cards for all occasions. \$10 per term, morning tea provided.	Cabrogal Cottage. 1 Kennedy Way, Crystal 9610 0275
	Gym	Weekly 10am – 11am	Get fit! Treadmills, weights, exercise bike & much more. \$35 per term.	Cabravale Leisure Centre, Hanh 9610 0275/ Lien 0433 899 285
	Playgroup for children under 5yrs	Weekly 9:30am – 11:30am	Supported playgroup for parents. Come along & increase your skills in interacting with your child. Morning tea is provided.	Bonnyrigg Public School Community Room. Hanh 9610 0275 / CFS 9610 1456 / Mariana 0457 542 267. In partnership with Bonnyrigg Public School.
	South West Sydney Men's Shed	Weekly 8:30am – 2:30pm	The Men's Shed gives men a safe & busy environment where they can find work on local projects and have a cuppa.	22 Hebblewhite Pl Bonnyrigg. Michael Johnson or Brian Waights 8786 0040
	Youth drop in & self defence	Weekly 3:30pm – 5:30pm	Chill out time for youths aged 12-18.	Bonnyrigg Youth Centre. Sarithya 9610 0275.
	Assyrian Coffee Session	21 Feb, 14 March, April TBC 11am – 1pm	Come and socialise with other members of your community.	Tarlington Seniors Complex 69-61 Tarlington Parade. Crystal 9610 0275.
	Carers support group	2nd Monday Monthly 12 – 2pm	Community support for new carers. Refreshments provided.	Cabrogal Cottage. 1 Kennedy Way, Hanh 9610 0275
Community Reference Group Meeting	1 st Monday Monthly 10am – 12pm	Come along to the CRG meetings to discuss the development and what is happening in Newleaf.	Bonnyrigg Community Centre. Kate 1300 137 265.	

TUESDAY	Activity	Frequency & Time	Details	Venue & Contact
	Floristry Class	TBC – please contact Sarithya.	Floristry skills development for women.	Bonnyrigg Youth Centre. Sarithya, 9610 0275
	Playgroup for children under 5yrs	Weekly 10am – 12pm	Supported playgroup for parents. Come along & increase your skills in interacting with your child. Morning tea is provided.	Bonnyrigg Community Centre. Hanh 9610 0275 / Lina 9822 9855. In partnership with Catholic Care.
	Senior and junior sports	Weekly 4pm – 6pm	Basketball training and games.	Bunker Park, Bunker Pde, Bonnyrigg, Sarithya, 9610 0275
	South West Sydney Men's Shed	Weekly 8:30am – 2:30pm	The Men's Shed gives men a safe & busy environment where they can find work on local projects and have a cuppa.	22 Hebblewhite Pl Bonnyrigg. Michael Johnson or Brian Waights 8786 0040
	Khmer Coffee Session	15 Feb, 15 Mar, 19 Apr 10am – 12pm	Come & socialise with other members of your community.	Cabrogal Cottage. 1 Kennedy Way. Crystal 9610 0275.
	Lao Coffee Session	8 Feb, 8 Mar, 12 Apr 1pm – 3pm	Come & socialise with other members of your community.	Cabrogal Cottage. 1 Kennedy Way. Crystal 9610 0275
Spanish Coffee Session	8 Feb, 8 Mar, 5 Apr 10pm – 12pm	Come & socialise with other members of your community.	Cabrogal Cottage. 1 Kennedy Way. Crystal 9610 0275	

WEDNESDAY	Activity	Frequency & Time	Details	Venue & Contact
	Aqua Aerobic	Weekly 11am – 12pm	Water based exercise to keep you fit and healthy. Cost is \$25 per term.	Cabravale Leisure Centre. Hanh 9610 0275/ Lien 0433 899 285
	Aqua Aerobic	Weekly 7:30pm – 8:30pm	Water based exercise to keep you fit and healthy. Cost is \$25 per term.	Cabravale Leisure Centre. Hanh 9610 0275/ Hien 0433 281 683
	Guitar Tutoring	Weekly 5:30pm – 6:30pm	Learn how to play the guitar.	Cabrogal Cottage .1 Kennedy Way. Sarithya, 9610 0275
	Computer tutoring	Weekly 10am – 12pm	Get one on one tutoring on Basic computer & internet tutoring	Cabrogal Cottage. 1 Kennedy Way. Sarithya, 9610 0275
	Gym	Weekly 9:30am – 10:30am	Get fit! Treadmills, weights, exercise bike & much more. \$35 per term.	Cabravale Leisure Centre, Hanh 9610 0275/ Lien 0433 899 285
	Playgroup for children under 5yrs	Weekly 10am – 12pm	Supported playgroup for parents. Come & increase your skills in interacting with your child. Morning tea is provided.	Corlette Way Bonnyrigg. Hanh 9610 0275 /Kate 8786 0056. In partnership with Benevolent Society.
	South West Sydney Men's Shed	Weekly 8:30am – 2:30pm	The Men's Shed gives men a safe & busy environment where they can find work on local projects and have a cuppa.	22 Hebblewhite Pl Bonnyrigg. Michael Johnson or Brian Waights 8786 0040
	Bonnyrigg Community Safety Committee	4 th Wed of every month 10am – 12pm	This committee meets to discuss community safety issues in Bonnyrigg.	Cabrogal Cottage. 1 Kennedy Way. Sarithya 9610 0275.
	Knitting / Crochet Group	1st & 3rd Wed every month 9:30am – 12pm	For beginners or experienced crafters. You can learn how to knit, and join in to make toys and blankets for charity.	Cabrogal Cottage. 1 Kennedy Way. Crystal 9610 0275.
Vietnamese Coffee Session	16 Feb, 16 Mar, 20 April 3:30pm – 5:30pm	Come & socialise with other members of your community.	Cabrogal Cottage. 1 Kennedy Way. Crystal 9610 0275	

THURSDAY	Activity	Frequency & Time	Details & Contact	Venue
	Homework Help	Weekly 3:30pm – 5:30pm	All students Yr 1 – Yr 12	Cabrogal Cottage. 1 Kennedy Way. Sarithya 9610 0275.
	Junior and Senior Sports	Weekly 4pm – 6pm	OZ Tag training and games	Bunker Park, Bunker Pde, Bonnyrigg. Sarithya 9610 0275.
	Vietnamese Autism's carer support group	Monthly, 4th Thursday 9:30am – 12:30pm	This group provides an opportunity for carers to get to support each other, share opinions & have time for themselves. Morning tea provided.	Cabrogal Cottage. 1 Kennedy Way, Hanh 9610 0275. A Program of Transcultural Mental Health Centre, funded by the Centre for Mental Health.
	Vietnamese Mental Health carer support group	Monthly, 3rd Thursday 9:30am – 12pm	This group provides an opportunity for carers to get to support each other, share opinions & have time for themselves. Morning tea provided.	Cabrogal Cottage. 1 Kennedy Way, Hanh 9610 0275. A Program of Transcultural Mental Health Centre, funded by the Centre for Mental Health.
	Walking group morning tea	Monthly, 2 nd Thursday 9:30am – 11:30am	Get together once a month to sharing about your daily walking exercises, morning tea provided.	Cabrogal Cottage. 1 Kennedy Way, Hanh 9610 0275.
	Arabic Coffee Session	10 Feb, 10 Mar, 14 April 10am – 12 pm	Come and socialise with other members of your community.	Tarlington Seniors Complex 69-61 Tarlington Parade. Crystal 9610 0275

FRIDAY	Activity	Frequency & Time	Details	Venue & Contact
	Aqua Aerobic	Weekly 7:30pm – 8:30pm	Water based exercise to keep you fit and healthy. \$25 per term.	Cabravale Leisure Centre Hanh 9610 0275/Hien 0433 281 683
	Community Kitchen	Weekly 10:30am – 1:30pm	Share traditional recipes, discover the cultural traditions behind food, make new friends & develop your recipe book. \$4 per session, lunch provided.	Bonnyrigg Community Centre. Hanh 9610 0275/ Huy 9727 5599. Partnership with the Vietnamese community.
Community Yoga	Weekly 9:30am – 10:30am	Stretch and move with Yoga classes. \$15 per term.	Bonnyrigg Community Centre. Hanh 9610 0275/ Lien 0433 899 285	

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